

Enhancing Community Involvement

- Deep Sea Fishing Trips
- Dodgers/Angels Games
- Trips & Excursions
- Athletic Competitions
- Horse races

NATIONAL ANNUAL EVENTS



The VA Long Beach Veterans are proud participants of the following:

- Winter Sports Clinic
- Creative Arts Festival
- National Wheelchair Games
- Golden Age Games

A Recognized Human Service Profession

Therapeutic Recreation utilizes recreation involvement as a means to psychological and physical health, recovery, and well-being.

Recreation Therapists maintain a relationship with the Joint Commission for the Accreditation of Healthcare Organizations (JCAHO) and the Accreditation of Rehabilitation Facilities (CARF).

Resources

- **Paralyzed Veterans of America**
www.pva.org
- **California Paralyzed Veterans of America**
www.calPVA.org
- **VA Long Beach Healthcare System**
www.long-beach.med.va.gov/LongBeach/Our_Services/Patient_Care/SCI.cfm
- **National Council for Therapeutic Recreation Certification**
www.nctrc.org
- **California Board of Recreation and Parks Certification**
<http://www.cprs.org/cbrpc/index.htm>
- **American Therapeutic Recreation Association**
www.atra-tr.org
- **Society for Arts in Healthcare**
www.thesah.org

*VA Long Beach
Healthcare System
SCI/D Health care Group*

SPINAL CORD INJURY

**RECREATION
SERVICES**

**VA LONG BEACH
HEALTHCARE SYSTEM**



Therapeutic Recreation

Interventions that promote the restoration, adaptation and adjustment required to achieve optimal health and quality of life.

The Therapy Services Staff of Long Beach Veterans Spinal Cord Injury Health Care Group

WELCOMES

you and your family to Therapeutic Recreation.

A full range of recreation opportunities are provided by Certified Recreation Therapists designed to develop use of leisure time in ways that enhance health, functional abilities and independence.

Getting Involved

You may request activities by calling the recreation therapist or visit the Recreation Clinic during hospitalization or the outpatient rehabilitation process.

- Clinic Hours -
Monday through Friday
8:30am - 4:30pm

- Contacts -
V1 & V2 - Liz Greco, MA, CTRS, RTC
(X-2012)

V1 & T2 - Ann Kinnischtzke, RC
(X-2121)

Services Offered

- **Computer Laptops***
- **Books on tape/CD**
- **Portable DVD player/movies***
- **Portable CD player/music**
- **Craft Kits: wood, model, leather, paint**
- **Writing/Reading/Art Supplies**
- **Table Games/Puzzles**
- **Pet Therapy**
- **Picnics/BBQ/Social Activities**

**inpatients only*

More Services

Improving new and adaptive skill development

- Computer Lab/Voice Activation
- Ceramics/Crafts
- Table Games/Tennis
- Billiards/Bowling
- Holiday/Special Events
- Dining Hall/Big Screen
- Leisure Education
- Social/Emotional Support
- Community Resources
- Other Support Services
- Hand Cycling

