



U.S. Department  
of Veterans Affairs

# News Release

VA Long Beach  
Healthcare System

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FOR IMMEDIATE RELEASE

## **Long Beach Veterans Affairs Nursing Home Receives 5-Star Rating**

*Data Show VA Facilities Compare Closely With Private Sector Nursing Homes Overall*

LONG BEACH, Calif. – Today, the Tibor Rubin Veterans Affairs Medical Center announced that its nursing home received 5-stars as part of its annual performance rating.

Tibor Rubin VAMC’s announcement comes after VA extended its unprecedented 18-month record of transparency disclosures by making public for the first time its annual nursing home ratings for every facility in the country. View the ratings [here](#).

The data show that, overall, VA’s nursing home system – composed of more than 130 community living centers – compares closely with private sector nursing homes, even though the department on average cares for sicker patients in its nursing homes than do private facilities.

In fact, the overall star rating for VA’s nursing homes compared to the 15,487 private sector nursing homes rated by the Centers for Medicare and Medicaid Services (CMS) shows that VA has a significantly lower percentage (34.1 percent lower) of one-star, or lowest rated, facilities than the rest of the nation.

Of note, 60 of VA’s nursing homes improved their quality score from last year to this year (2nd Quarter FY17 to 2nd Quarter FY18). Only one facility had a meaningful decline in that metric, and that facility was already rated with four stars.

### **Extending VA’s Commitment to VA Transparency, Quality Improvement**

VA has become the first hospital system in the nation to post its:

- [Hospital wait times](#)
- [Opioid prescription rates](#)
- [Employee settlements](#) and [accountability actions](#)
- [Chief executive travel](#)

“We are proud to see our scores reflect our commitment to our mission of caring for our Veterans. We will take a moment celebrate, but soon after, we will we will reengage ourselves and continue to push to become the best health care system to be found in the country” said Walt Dannenberg, Director of the VA Long Beach Healthcare System.

### **How VA Nursing Homes Compare with Private Sector**

The best comparison of VA nursing homes to the private sector is in the overall star rating. Using that overarching and most important metric, VA’s performance compares very closely with that of the private sector. See [here](#) for a comparison of quality ratings using CMS’ [Nursing Home Compare](#) Five Star Quality Rating System as of April 2018.

### **VA’s Unique Patient Base**

Of note, VA nursing homes often serve residents with more numerous and challenging medical conditions than do private sector facilities.

Specifically, VA nursing homes serve a much higher proportion of residents with conditions such as prostate obstruction, spinal cord injury, mental illness, homelessness, PTSD, combat injury, terminal illness, and other conditions rarely seen in private nursing homes.

Also, private sector nursing homes admit patients selectively, whereas – unlike the private sector – VA will not refuse service to any eligible Veteran, no matter how challenging the Veteran’s conditions are to treat. In other words, VA nursing homes often house residents with more complex medical needs that private sector facilities will not accept, which makes achieving good quality ratings more challenging.

As a result, VA nursing homes at times rate lower than private sector facilities on specific metrics such as pain and type of treatment. Despite that fact, VA nursing homes compare well with private sector facilities in overall facility rankings.

### **VA Nursing Homes Provide More Direct Nursing Care**

Additionally, VA nursing homes have a higher staff-to-resident ratio than private sector facilities, meaning residents in VA facilities get more direct attention from nursing home staff than do residents in the private sector.

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