

SPINAL CORD INJURY/ DISORDERS REHABILITATION PROGRAMS

We are the largest Spinal Cord Injury (SCI) center in the VA system, providing comprehensive specialty services to Veterans with SCI/D throughout the Greater Los Angeles area. We have a long history of excellence and dedication to the highest quality of care



STATE-OF-THE-ART SERVICES

- Specialized wheelchair seating services
- Assistive Technology Clinic
- Dedicated SCI Mobility Training Park
- Adaptive Sports Program
- Exoskeleton training program
- Skin protection and wound management specialty team
- On-site orthotic and prosthetic services
- Adaptive complementary health activities (yoga, community integration)
- Specialty neuro-urology services
- Upper extremity surgical program to improve hand/arm function
- Respiratory therapy, including ventilator management
- Individualized RN Case Management

A LIFETIME OF CARE

We offer a continuum of inpatient through outpatient care. Our comprehensive SCI rehabilitation programs help Veterans continue to build strength, gain function and mobility, and optimize independence.

WHAT IS A SPINAL CORD INJURY?

SCI is any kind of damage to the spinal cord that causes paralysis and conditions that affect body function.

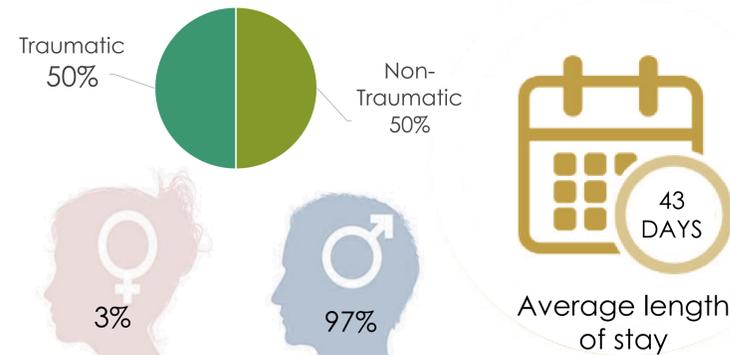
REHAB PROGRAM TYPES

The rehab team of specialist partners with the Veteran and family/ support system to develop an individualized treatment program that addresses your unique needs.



PROGRAM FACTS*

- Average age of person served is 64 years
- Number of persons served annually is 32
- 96% of persons served complete inpatient rehab without transfer to acute medical facility
- During Outpatient Medical Rehab an average of 5.5 hours were spent in therapy/ week



*Results of FY 18 Rehab Program Data

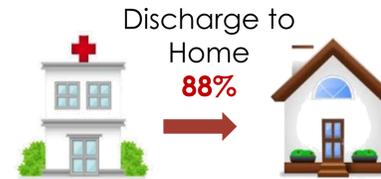
WHAT TO EXPECT

State-of-the-art services are part of your comprehensive rehab program. You will spend up to **3 hours per day** in therapies. Additional time is spent in activities including classes and group sessions.



DISCHARGE TO HOME/COMMUNITY

The SCI Rehab Programs at VA Long Beach have one of the highest rates of discharge to home compared to national averages. Outpatient rehab services are available as needed.

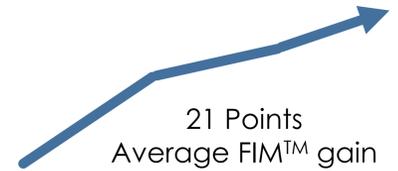


REQUIREMENTS FOR REHAB

- Medically and neurologically stable
- Benefit from intensive rehab team approach
- Have realistic and achievable functional goals that can be made within a reasonable time
- Motivated to work towards optimal independence
- Projected discharge to a home environment

FUNCTIONAL OUTCOMES

Rehab Program participants improve their functional skills and independence. Progress is measured by the Functional Independence Measure™ (FIM™).



OVERALL SATISFACTION



Results of uSPEQ Consumer Report FY18

CONTACT US

To learn more about spinal cord injury services and how you can participate in the SCI Rehab Programs call (562) 826-8000 X22349

VA Long Beach Healthcare System
SCI/D Administration
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RESOURCES

VA Long Beach SCI Center
www.longbeach.va.gov/services/SCI.asp

VHA Spinal Cord Injury System of Care
www.sci.va.gov/

Paralyzed Veterans of America
www.pva.org/