WHAT TO EXPECT
State-of-the-art services are part of your comprehensive rehab program. You will spend up to 3 hours per day in therapies. Additional time is spent in activities including classes and group sessions.

REQUIREMENTS FOR REHAB
• Medically and neurologically stable
• Benefit from intensive rehab team approach
• Have realistic and achievable functional goals that can be made within a reasonable time
• Motivated to work towards optimal independence
• Projected discharge to a home environment

DISCHARGE TO HOME/COMMUNITY
The SCI Rehab Programs at VA Long Beach have one of the highest rates of discharge to home compared to national averages. Outpatient rehab services are available as needed.

FUNCTIONAL OUTCOMES
Rehab Program participants improve their functional skills and independence. Progress is measured by the Functional Independence Measure™ (FIM™).

OVERALL SATISFACTION
100% WOULD RECOMMEND TO A FRIEND

CONTACT US
To learn more about spinal cord injury services and how you can participate in the SCI Rehab Programs call (562) 826-8000 X22349

RESOURCES
VA Long Beach SCI Center
www.longbeach.va.gov/services/SCI.asp
VHA Spinal Cord Injury System of Care
www.sci.va.gov/
Paralyzed Veterans of America
www.pva.org/

A LIFETIME OF CARE
We offer a continuum of inpatient through outpatient care. Our comprehensive SCI rehabilitation programs help Veterans continue to build strength, gain function and mobility, and optimize independence.

STATE-OF-THE-ART SERVICES
- Specialized wheelchair seating services
- Assistive Technology Clinic
- Dedicated SCI Mobility Training Park
- Adaptive Sports Program
- Exoskeleton training program
- Skin protection and wound management specialty team
- On-site orthotic and prosthetic services
- Adaptive complementary health activities (yoga, community integration)
- Specialty neuro-urology services
- Upper extremity surgical program to improve hand/arm function
- Respiratory therapy, including ventilator management
- Individualized RN Case Management

WHAT IS A SPINAL CORD INJURY?
SCI is any kind of damage to the spinal cord that causes paralysis and conditions that affect body function.

REHAB PROGRAM TYPES
The rehab team of specialist partners with the Veteran and family/support system to develop an individualized treatment program that addresses your unique needs.

PROGRAM FACTS*
- Average age of person served is 64 years
- Number of persons served annually is 32
- 96% of persons served complete inpatient rehab without transfer to acute medical facility
- During Outpatient Medical Rehab an average of 5.5 hours were spent in therapy/week

TRAUMATIC 50%
NON-TRAUMATIC 50%
3%
97%

Average length of stay
43 DAYS

RESULTS OF FY 18 REHAB PROGRAM DATA

**Results of FY 18 Rehab Program Data